The Institute of Holistic Nutrition
THE INDUSTRY LEADER IN TRAINING
NUTRITION PROFESSIONALS

OPEN HOUSE

Relax, Enjoy Refreshments & Attend Complimentary Lectures

9:30am - 3pm 2017

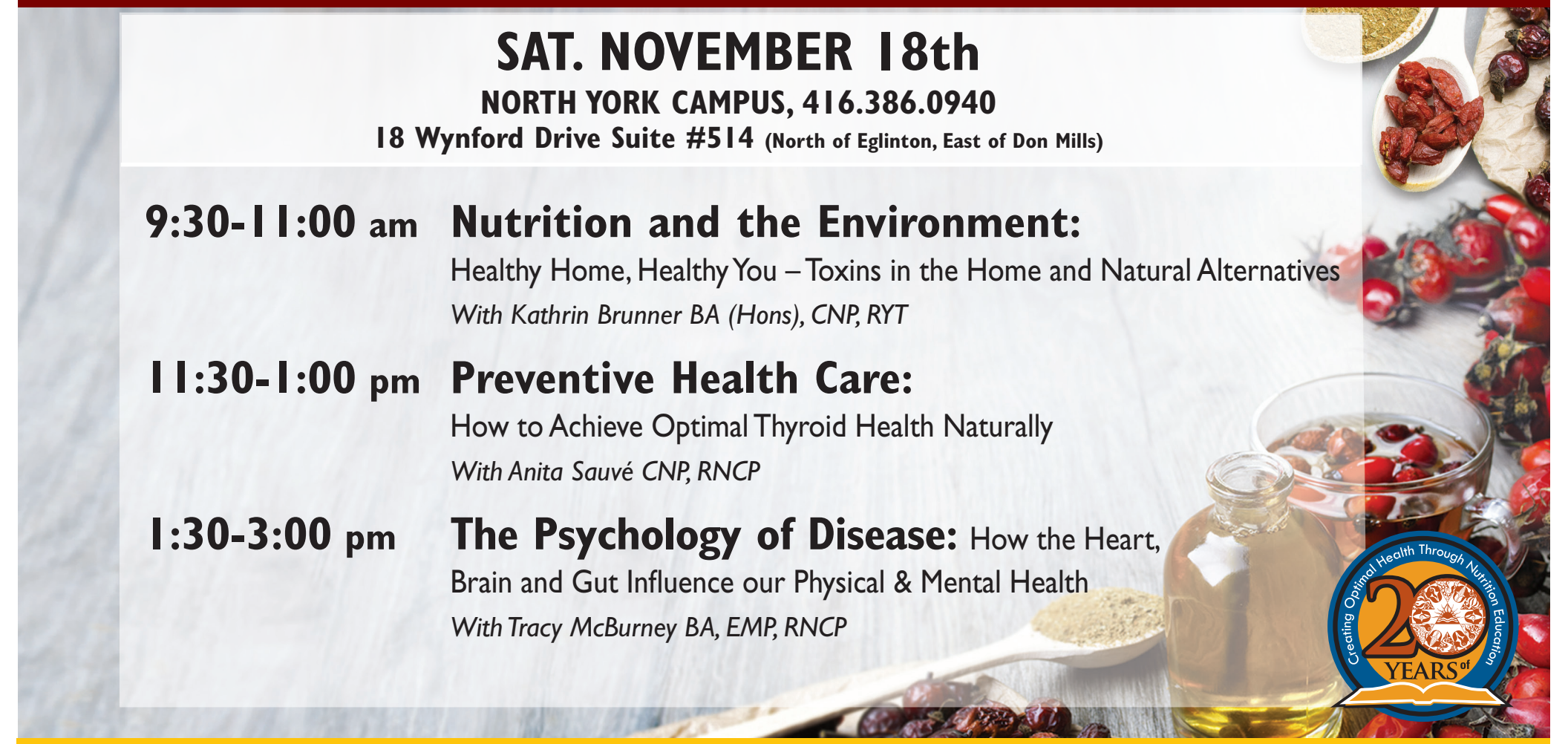
SAT. NOVEMBER 18th

NORTH YORK CAMPUS, 416.386.0940
18 Wynford Drive Suite #514 (North of Eglinton, East of Don Mills)

9:30-11:00 am **Nutrition and the Environment:**
Healthy Home, Healthy You – Toxins in the Home and Natural Alternatives
With Kathrin Brunner BA (Hons), CNP, RYT

11:30-1:00 pm **Preventive Health Care:**
How to Achieve Optimal Thyroid Health Naturally
With Anita Sauvé CNP, RNCP

1:30-3:00 pm **The Psychology of Disease:** How the Heart, Brain and Gut Influence our Physical & Mental Health
With Tracy McBurney BA, EMP, RNCP



Natural Health Exhibit I Book Sale I Live Blood Cell Microscopy Sessions I Door Prizes I Info on Courses / Curriculum

www.instituteofholisticnutrition.com