

September 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 Orientation For All New Students 8:30am – 4:30pm	6 Biological Chemistry BC001 Session 1 (8 Sessions)	7	8
9	10 Nutrition & Health: The Fundamentals FN001 Session 1 (14 Sessions)	11 BC001 Session 2	12 FN001 Session 2	13 BC001 Session 3	14	15
16	17 FN001 Session 3	18 BC001 Session 4	19 FN001 Session 4	20 BC001 Session 5	21	22
23	24 FN001 Session 5	25 BC001 Session 6	26 FN001 Session 6	27 BC001 Session 7	28 FN001 Session 7	29
30	Please Note: Orientation For All New Students is Wednesday September 5 th There is one Friday class on the 28 th of this month					

October 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 FN001 Session 8	2 BC001 Session 8	3 FN001 Session 9	4 Ayurveda: Mind/Body Healing AMB02 Session 1 (8 Sessions)	5	6
7	8 Thanksgiving No Class	9 AMB02 Session 2	10 FN001 Session 10	11 AMB02 Session 3	12	13
14	15 FN001 Session 11	16 AMB02 Session 4	17 FN001 Session 12	18 AMB02 Session 5	19 FN001 Session 13	20
21	22 FN001 Session 14	23 AMB02 Session 6	24 Nutrition Through The Lifespan NLS010 Session 1 (8 Sessions)	25 AMB02 Session 7	26	27
28	29 NLS010 Session 2	30 AMB02 Session 8	31 NLS010 Session 3			
<p>Please Note: There is one Friday class on the 19th of this month</p>						

November 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Comparative Diets CD011 Session 1 (8 Sessions)	2	3
4	5 NLS010 Session 4	6 CD011 Session 2	7 NLS010 Session 5	8 CD011 Session 3	9	10
11	12 NLS010 Session 6	13 CD011 Session 4	14 NLS010 Session 7	15 CD011 Session 5	16	17
18	19 NLS010 Session 8	20 CD011 Session 6	21 Preventive Health Care PHC005 Session 1 (10 Sessions)	22 CD011 Session 7	23	24
25	26 PHC005 Session 2	27 CD011 Session 8	28 PHC005 Session 3	29 Human Anatomy & Physiology HAP01 Session 1 (14 Sessions)	30	

December 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 PHC005 Session 4	4 HAP01 Session 2	5 PHC005 Session 5	6 HAP01 Session 3	7 PHC005 Session 6	8
9	10 PHC005 Session 7	11 HAP01 Session 4	12 No Class	13 HAP01 Session 5	14	15
16	17 PHC005 Session 8	18 HAP01 Session 6	19 HAP01 Session 7	20 Holiday Break Begins	21	22
23	24	25	26	27	28	29
30	31	Please Note: PHC005 & HAP01 Continues in Semester 2, there is one Friday class on the 7 th of this month HAP Session 7 runs on Wednesday the 19 th First Day Back Thursday January 3 rd , 2019				