

OUR DEEPEST FEAR IS NOT THAT
WE ARE INADEQUATE.
OUR DEEPEST FEAR IS THAT WE ARE
POWERFUL BEYOND MEASURE.

IT IS OUR LIGHT, NOT OUR DARKNESS
THAT MOST FRIGHTENS US.

WE ASK OURSELVES, WHO AM I TO BE
BRILLIANT,
GORGEOUS,
TALENTED,
FABULOUS?

ACTUALLY, WHO ARE
YOU NOT TO BE? YOU
ARE A CHILD OF GOD.
YOUR PLAYING SMALL
DOES NOT SERVE THE
WORLD.

THERE IS NOTHING ENLIGHTENED ABOUT SHRINKING SO
THAT OTHER PEOPLE WON'T FEEL INSECURE AROUND YOU.

WE ARE ALL MEANT TO SHINE,
AS CHILDREN DO. WE WERE BORN TO MAKE
MANIFEST THE GLORY OF GOD THAT IS WITHIN US.

IT'S NOT JUST IN SOME OF US; **IT'S IN EVERYONE.**

AND AS WE LET OUR OWN LIGHT SHINE,
WE UNCONSCIOUSLY GIVE OTHER PEOPLE

PERMISSION TO DO THE SAME.

AS WE ARE LIBERATED FROM OUR OWN FEAR, OUR PRESENCE

AUTOMATICALLY **LIBERATES OTHERS.**