

January 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Orientation For All New Students 9:00am – 4:30pm	8 Biological Chemistry BC001 Session 1 (8 Sessions)	9 Nutrition & Health: The Fundamentals FN001 Session 1 (14 Sessions)	10 BC001 Session 2	11	12
13	14 FN001 Session 2	15 BC001 Session 3	16 FN001 Session 3	17 BC001 Session 4	18	19
20	21 FN001 Session 4	22 BC001 Session 5	23 FN001 Session 5	24 BC001 Session 6	25	26
27	28 FN001 Session 6	29 BC001 Session 7	30 FN001 Session 7	31 BC001 Session 8		
Please Note: Orientation for all new students is on Monday, January 7 th						

February 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 FN001 Session 8	5 Ayurveda: Mind/Body Healing AMB02 Session 1 (8 Sessions)	6 FN001 Session 9	7 AMB02 Session 2	8	9
10	11 FN001 Session 10	12 AMB02 Session 3	13 FN001 Session 11	14 AMB02 Session 4	15	16
17	18 Family Day No Class	19 AMB02 Session 5	20 FN001 Session 12	21 AMB02 Session 6	22	23
24	25 FN001 Session 13	26 AMB02 Session 7	27 FN001 Session 14	28 AMB02 Session 8		

March 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Advanced Nutrition Research NR006 Session 1 (7 Sessions)	5 Preventive Health Care PHC005 Session 1 (10 Sessions)	6 NR006 Session 2	7 PHC005 Session 2	8	9
10	11	12	13	14	15	16
MARCH BREAK						
17	18 NR006 Session 3	19 PHC005 Session 3	20 NR006 Session 4	21 PHC005 Session 4	22	23
24	25 NR006 Session 5	26 PHC005 Session 5	27 NR006 Session 6	28 PHC005 Session 6	29	30
31	Please Note: March Break is from the 11 th to the 15 th of this month					

April 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NR006 Session 7	2 PHC005 Session 7	3 Human Anatomy and Physiology HAP01 Session 1 (14 Sessions)	4 PHC005 Session 8	5 HAP01 Session 2	6
7	8 HAP01 Session 3	9 PHC005 Session 9	10 HAP01 Session 4	11 PHC005 Session 10	12	13
14	15 HAP01 Session 5	16 Nutrition & the Environment NE009 Session 1 (8 Sessions + Trip)	17 HAP01 Session 6	18 NE009 Session 2	19	20
21	22 Easter Monday No Class	23 NE009 Session 3	24 HAP01 Session 7	25 NE009 Session 4	26	27
28	29 HAP02 Session 8	30 NE009 Session 5				
Please Note: There is one Friday class on the 5 th of this month						

May 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 HAP01 Session 9	2 NE009 Session 6	3 HAP01 Session 10	4
5	6 HAP01 Session 11	7 NE009 Session 7	8 HAP01 Session 12	9 NE009 Session 8	10	11
12	13 HAP01 Session 13	14 Comparative Diets CD011 Session 1 (8 Sessions)	15 HAP01 Session 14	16 CD011 Session 2	17	18
19	20 Victoria Day No Class	21 CD011 Session 3	22 Nutrition Through the Lifespan NLS010 Session 1 (8 Sessions)	23 CD011 Session 4	24	25
26	27 NLS010 Session 2	28 CD011 Session 5	29 NLS010 Session 3	30 CD011 Session 6	31	
Please Note: There is one Friday class on the 3 rd of this month						

June 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 NLS010 Session 4	4 CD011 Session 7	5 NLS010 Session 5	6 CD011 Session 8	7	8
9	10 NLS010 Session 6	11 Nutritional Symptomatology Pt1 NS003-I Session 1 (10 Sessions)	12 NLS010 Session 7	13 NS003-I Session 2	14	15
16	17 NLS010 Session 8	18 NS003-I Session 3	19 No Class	22 NS003-I Session 4	21	22
23	24 Psychology of Disease POD012 Session 1 (9 Sessions)	25 NS003-I Session 5	26 POD012 Session 2	27 NS003-I Session 6	28 NS003-I Session 7	29
30	Please Note: There is one Friday class on the 28 th of this month					

July 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day No Class	2 NS003-I Session 8	3 POD012 Session 3	4 NS003-I Session 9	5	6
7	8 POD012 Session 4	9 NS003-I Session 10	10 POD012 Session 5	11 Body Metabolism BM002 Session 1 (8 Sessions)	12 BM002 Session 2	13
14	15 POD012 Session 6	16 BM002 Session 3	17 POD012 Session 7	18 BM002 Session 4	19	20
21	22 POD012 Session 8	23 BM002 Session 5	24 POD012 Session 9	25 BM002 Session 6	26	27
28	29 BM002 Session 7	30 No Class	31 BM002 Session 8			
Please Note: There is one Friday class on the 12 th of this month BM002 also runs on the 29 th and 31 st of this month						