

January 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Orientation For All New Students 9:00am – 4:30pm	8 Nutrition & Health: The Fundamentals FN001 Session 1 (14 Sessions)	9 Biological Chemistry BC001 Session 1 (8 Sessions)	10 FN001 Session 2	11	12
13	14 BC001 Session 2	15 FN001 Session 3	16 BC001 Session 3	17 FN001 Session 4	18	19
20	21 BC001 Session 4	22 FN001 Session 5	23 BC001 Session 5	24 FN001 Session 6	25	26
27	28 BC001 Session 6	29 FN001 Session 7	30 BC001 Session 7	31 FN001 Session 8		
Please Note: Orientation for all new students is on Monday the 7 th of this month						

February 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 BC001 Session 8	5 FN001 Session 9	6 Nutrition and the Environment NE009 Session 1 (8 Sessions + Trip)	7 FN001 Session 10	8	9
10	11 NE009 Session 2	12 FN001 Session 11	13 NE009 Session 3	14 FN001 Session 12	15	16
17	18 Family Day No Class	19 FN001 Session 13	20 NE009 Session 4	21 FN001 Session 14	22	23
24	25 NE009 Session 5	26 Professional Skills Development PSD01 Session 1 (9 Sessions)	27 NE009 Session 6	28 PSD01 Session 2		

March 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 NE009 Session 7	5 PSD01 Session 3	6 NE009 Session 8	7 PSD01 Session 4	8	9
10	11	12	13	14	15	16
MARCH BREAK						
17	18 Ayurveda: Mind/Body Healing AMB02 Session 1 (8 Sessions)	19 PSD01 Session 5	20 AMB02 Session 2	21 PSD01 Session 6	22	23
24	25 AMB02 Session 3	26 PSD01 Session 7	27 AMB02 Session 4	28 PSD01 Session 8	29	30
31	Please Note: March Break is from the 11 th to the 15 th of this month					

April 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 AMB02 Session 5	2 PSD01 Session 9	3 AMB02 Session 6	4 Human Anatomy and Physiology HAP01 Session 1 (14 Sessions)	5	6
7	8 AMB02 Session 7	9 HAP01 Session 2	10 AMB02 Session 8	11 HAP01 Session 3	12 HAP01 Session 4	13
14	15 Preventive Health Care PHC005 Session 1 (10 Sessions)	16 HAP01 Session 5	17 PHC005 Session 2	18 HAP01 Session 6	19	20
21	22 Easter Monday No Class	23 HAP01 Session 7	24 PHC005 Session 3	25 HAP01 Session 8	26	27
28	29 PHC005 Session 4	30 HAP01 Session 9				

Please Note: There is one Friday class on the 12th of this month

North York Campus: Group 1 – Daytime – Semester 1

10:00 AM – 2:00 PM

May 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 PHC005 Session 5	2 HAP01 Session 10	3	4
5	6 PHC005 Session 6	7 HAP01 Session 11	8 PHC005 Session 7	9 HAP01 Session 12	10	11
12 Mother's Day	13 PHC005 Session 8	14 HAP01 Session 13	15 PHC005 Session 9	16 HAP01 Session 14	17	18
19	20 Victoria Day No Class	21 Body Metabolism BM002 Session 1 (8 Sessions)	22 PHC005 Session 10	23 BM002 Session 2	24 BM002 Session 3	25
26	27 Psychology Of Disease POD012 Session 1 (9 sessions)	28 No Class	29 POD012 Session 2	30 No Class	31	
<p>Please note: There is no class on the 28th and 30th of this month There is one Friday on the 24th of this month</p>						

June 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 POD012 Session 3	4 BM002 Session 4	5 POD012 Session 4	6 BM002 Session 5	7 POD012 Session 5	8
9	10 POD012 Session 6	11 BM002 Session 6	12 POD012 Session 7	13 BM002 Session 7	14	15
16	17 POD012 Session 8	18 BM002 Session 8	19 POD012 Session 9	20 Herbal Medicine HM008 Session 1 (9 sessions + trip)	21	22
23	24 Nutritional Symptomatology Pt1 NS003-I Session 1 (10 Sessions)	25 HM008 Session 2	26 NS003-I Session 2	27 HM008 Session 3	28	29
30	Please Note: There is one Friday class on the 7 th of this month					

July 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day No Class	2 HM008 Session 4	3 NS003-I Session 3	4 HM008 Session 5	5	6
7	8 NS003-I Session 4	9 HM008 Session 6	10 NS003-I Session 5	11 HM008 Session 7	12	13
14	15 NS003-I Session 6	16 HM009 Session 8	17 NS003-I Session 7	18 HM008 Session 9	19	20
21	22 NS003-I Session 8	23 NS003-I Session 9	24 NS003-I Session 10	25 Summer Break Begins	26	27
28	29	30	31			
Please Note: NS003-I also runs on Tuesday the 23 rd of this month						