

January 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	5
6	<b>7</b> First Day of Classes: Orientation 9:00am – 3:00pm	<b>8</b> Nutrition & Health: The Fundamentals FN001 Session 1 (14 Sessions)	<b>9</b> Biological Chemistry BC001 Session 1 (8 Sessions)	<b>10</b> FN001 Session 2	<b>11</b>	12
13	<b>14</b> BC001 Session 2	<b>15</b> FN001 Session 3	<b>16</b> BC001 Session 3	<b>17</b> FN001 Session 4	<b>18</b>	19
20	<b>21</b> BC001 Session 4	<b>22</b> FN001 Session 5	<b>23</b> BC001 Session 5	<b>24</b> FN001 Session 6	<b>25</b> BC001 Session 6	26
27	<b>28</b> BC001 Session 7	<b>29</b> FN001 Session 7	<b>30</b> BC001 Session 8	<b>31</b> FN001 Session 8		
<p><b>Please Note:</b>                      First Day of Classes; January 7                      One Friday Class; January 25</p>						

February 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Comparative Diets CD011 Session 1 (8 Sessions)	5 FN001 Session 9	6 CD011 Session 2	7 FN001 Session 10	8	9
10	11 CD011 Session 3	12 FN001 Session 11	13 CD011 Session 4	14 FN001 Session 12	15	16
17	18 Family Day No Class	19 FN001 Session 13	20 CD011 Session 5	21 FN001 Session 14	22	23
24	25 CD011 Session 6	26 Ayurveda: Mind Body Healing AMB02 Session 1 (8 Sessions)	27 CD011 Session 7	28 AMB02 Session 2		

March 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 CD011 Session 8	5 AMB02 Session 3	6 Psychology of Disease POD012 Session 1 (9 Sessions)	7 AMB02 Session 4	8	9
10	11 <b>March Break</b>	12 <b>March Break</b>	13 <b>March Break</b>	14 <b>March Break</b>	15 <b>March Break</b>	16
17	18 POD012 Session 2	19 AMB02 Session 5	20 POD012 Session 3	21 AMB02 Session 6	22	23
24	25 POD012 Session 4	26 AMB02 Session 7	27 POD012 Session 5	28 AMB02 Session 8	29	30
<b>Please Note:</b> March Break; March 11 – 15						

April 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> POD012 Session 6	<b>2</b> Nutrition through the Lifespan NLS010 Session 1 (8 Sessions)	<b>3</b> POD012 Session 7	<b>4</b> NLS010 Session 2	<b>5</b>	6
7	<b>8</b> POD012 Session 8	<b>9</b> NLS010 Session 3	<b>10</b> POD012 Session 9	<b>11</b> NLS010 Session 4	<b>12</b>	13
14	<b>15</b> Human Anatomy & Physiology HAP01 Session 1 (14 Sessions)	<b>16</b> NLS010 Session 5	<b>17</b> HAP01 Session 2	<b>18</b> NLS010 Session 6	<b>19</b>	20
21	<b>22</b> <b>Easter Monday</b> <b>No Class</b>	<b>23</b> NLS010 Session 7	<b>24</b> HAP01 Session 3	<b>25</b> NLS010 Session 8	<b>26</b> HAP01 Session 4	27
28	<b>29</b> HAP01 Session 5	<b>30</b> Professional Skills Development PSD01 Session 1 (9 Sessions)				
<p><b>Please Note:</b> One Friday Class; April 26</p>						

May 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> HAP01 Session 6	<b>2</b> PSD01 Session 2	<b>3</b>	4
5	<b>6</b> HAP01 Session 7	<b>7</b> PSD01 Session 3	<b>8</b> HAP01 Session 8	<b>9</b> PSD01 Session 4	<b>10</b>	11
12	<b>13</b> HAP01 Session 9	<b>14</b> PSD01 Session 5	<b>15</b> HAP01 Session 10	<b>16</b> PSD01 Session 6	<b>17</b>	18
19	<b>20</b> Victoria Day No Classes	<b>21</b> PSD01 Session 7	<b>22</b> HAP01 Session 11	<b>23</b> PSD01 Session 8	<b>24</b>	25
26	<b>27</b> HAP01 Session 12	<b>28</b> PSD01 Session 9	<b>29</b> HAP01 Session 13	<b>30</b> Nutrition and the Environment NE009 Session 1 (8 Sessions + Field Trip)	<b>31</b>	

June 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 HAP01 Session 14	4 NE009 Session 2	5 Nutritional Symptomatology Part 1 NS003A Session 1 (10 Sessions)	6 NE009 Session 3	7 NS003A Session 2	8
9	10 No Class	11 NE009 Session 4	12 NS003A Session 3	13 NS003A Session 4	14	15
16	17 NS003A Session 5	18 NE009 Session 5	19 NS003A Session 6	20 NE009 Session 6	21	22
23	24 NS003A Session 7	25 NE009 Session 7	26 NS003A Session 8	27 NE009 Session 8	28	29
<p><b>Please Note:</b>                      One Friday Class; June 7                      No Class; June 13</p>						

July 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>Canada Day</b> <b>No Classes</b>	<b>2</b> Herbal Medicine HM008 Session 1 (9 Sessions + Field Trip)	<b>3</b> NS003A Session 9	<b>4</b> HM008 Session 2	<b>5</b>	6
7	<b>8</b> NS003A Session 10	<b>9</b> HM008 Session 3	<b>10</b> Body Metabolism BM002 Session 1 (8 Sessions)	<b>11</b> HM008 Session 4	<b>12</b> BM002 Session 2	13
14	<b>15</b> BM002 Session 3	<b>16</b> HM008 Session 5	<b>17</b> BM002 Session 4	<b>18</b> HM008 Session 6	<b>19</b>	20
21	<b>22</b> BM002 Session 5	<b>23</b> HM008 Session 7	<b>24</b> BM002 Session 6	<b>25</b> HM008 Session 8	<b>26</b>	27
28	<b>29</b> BM002 Session 7	<b>30</b> HM008 Session 9	<b>31</b> BM002 Session 8	<b>Summer</b> <b>Break Begins</b>		
<p><b>Please Note:</b> One Friday Class; July 12</p>						