Ottawa Campus: Group A Semester 1 (Daytime) 10:00am – 2:00pm

September 2019						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
1	**2**	**3**	**4**	**5**	**6**	7 Orientation For All New Students 9:00am – 3:00pm
8	**9** Biological Chemistry BC001 Session 1 (8 Sessions)	**10** Nutrition & Health: The Fundamentals FN001 Session 1 (12 Sessions)	**11** BC001 Session 2	**12** FN001 Session 2	**13**	14
15	**16** BC001 Session 3	**17** FN001 Session 3	**18** BC001 Session 4	**19** FN001 Session 4	**20**	21
22	**23** BC001 Session 5	**24** FN001 Session 5	**25** BC001 Session 6	**26** FN001 Session 6	**27**	28
29	**30** BC001 Session 7					

Please Note: Orientation for all new students is on Saturday the 7th of this month

Ottawa Campus: Group A Semester 1 (Daytime) 10:00am – 2:00pm

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 FN001 Session 7	**2** BC001 Session 8	**3** FN001 Session 8	**4**	5
6	**7** Human Anatomy & Physiology HAP01 Session 1 (12 Sessions)	**8** FN001 Session 9	**9** HAP01 Session 2	**10** FN001 Session 10	**11**	12
13	**14** Thanksgiving **No Class**	**15** FN001 Session 11	**16** HAP01 Session 3	**17** FN001 Session 12	**18**	19
20	**21** HAP01 Session 4	**22** Nutrition & the Environment NE009 Session 1 (8 Sessions + Trip)	**23** HAP01 Session 5	**24** NE009 Session 2	**25**	26
27	**28** HAP01 Session 6	**29** NE009 Session 3	**30** HAP01 Session 7	**31** NE009 Session 4		

Ottawa Campus: Group A Semester 1 (Daytime) 10:00am – 2:00pm

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	**4** HAP01 Session 8	**5** NE009 Session 5	**6** HAP01 Session 9	**7** NE009 Session 6	**8**	9
10	**11** Remembrance Day **No Class**	**12** NE009 Session 7	**13** HAP01 Session 10	**14** NE009 Session 8	**15**	16
17	**18** HAP01 Session 11	**19** Herbal Medicine HM008 (9 Sessions + Trip) Session 1	**20** HAP01 Session 12	**21** HM008 Session 2	**22**	23
24	**25** Body Metabolism BM002 (8 Sessions) Session 1	**26** HM008 Session 3	**27** BM002 Session 2	**28** HM008 Session 4	**29**	30

Ottawa Campus: Group A Semester 1 (Daytime) 10:00am – 2:00pm

December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	**2** BM002 Session 3	**3** HM008 Session 5	**4** BM002 Session 4	**5** HM008 Session 6	**6**	7
8	**9** BM002 Session 5	**10** HM008 Session 7	**11** BM002 Session 6	**12** HM008 Session 8	**13**	14
15	**16** BM002 Session 7	**17** HM008 Session 9	**18** BM002 Session 8	**19** **Holiday Break Begins**	**20**	21
22	**23**	**24**	**25**	**26**	**27**	28
29	**30**	**31**				

Please Note: Holiday break begins on the 19th of this month
First day back is January 6, 2020