

SEPTEMBER 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10 Orientation For All New Students 9:00am – 3:30pm
11	12 Nutrition & The Fundamentals FN001 Session 1 (12 sessions)	13 Biological Chemistry BC001 Session 1 (8 sessions)	14 FN001 Session 2	15 BC001 Session 2	16	17
18	19 FN001 Session 3	20 BC001 Session 3	21 FN001 Session 4	22 BC001 Session 4	23	24
25	26 FN001 Session 5	27 BC001 Session 5	28 FN001 Session 6	29 BC001 Session 6	30 Truth & Reconciliation Day	

OCTOBER 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 FN001 Session 7	4 BC001 Session 7	5 FN001 Session 8	6 BC001 Session 8	7	8
9	10 Thanksgiving No Class	11 Human Anatomy & Physiology HAP01 Session 1 (12 sessions)	12 FN001 Session 9	13 HAP01 Session 2	14	15
16	17 FN001 Session 10	18 HAP01 Session 3	19 FN001 Session 11	20 HAP01 Session 4	21	22
23	24 FN001 Session 12	25 HAP01 Session 5	26 Ayurveda: Mind Body Healing AMB02 Session 1 (7 sessions)	27 HAP01 Session 6	28	29
30	31 AMB02 Session 2					

Please Note:
There is no class on Mon. Oct 10 for Thanksgiving

NOVEMBER 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 HAP01 Session 7	2 AMB02 Session 3	3 HAP01 Session 8	4	5
6	7 AMB02 Session 4	8 HAP01 Session 9	9 AMB02 Session 5	10 HAP01 Session 10	11 Remembrance Day	12
13	14 AMB02 Session 6	15 HAP01 Session 11	16 AMB02 Session 7	17 HAP01 Session 12	18	19
20	21 Nutrition & the Environment NE009 Session 1 (8 sessions + Field Trip)	22 Body Metabolism BM002 Session 1 (8 sessions)	23 NE009 Session 2	24 BM002 Session 2	25	26
27	28 NE009 Session 3	29 BM002 Session 3	30 NE009 Session 4			

DECEMBER 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 BM002 Session 4	2	3
4	5 NE009 Session 5	6 BM002 Session 5	7 NE009 Session 6	8 BM002 Session 6	9	10
11	12 NE009 Session 7	13 BM002 Session 7	14 NE009 Session 8	15 BM002 Session 8	16 Holiday Break Begins	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
<p>Please Note: First day back for the 2nd semester is Thurs. Jan 5th 2023</p>						