

SEPTEMBER 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10 Orientation For All New Students 9:00am – 3:30pm
11	12 Nutrition & Health: The Fundamentals FN001 Session 1 (12 sessions)	13	14	15 FN001 Session 2	16	17
18	19 FN001 Session 3	20	21	22 FN001 Session 4	23	24
25	26 FN001 Session 5	27	28	29 FN001 Session 6	30 Truth & Reconciliation Day	

OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 FN001 Session 7	4	5	6 FN001 Session 8	7	8
9	10 Thanksgiving Day No Class	11	12	13 FN001 Session 9	14	15
16	17 FN001 Session 10	18	19	20 FN001 Session 11	21	22
23	24 FN001 Session 12	25	26	27 Biological Chemistry BC001 Session 1 (8 sessions)	28	29
30	31 BC001 Session 2					

NOVEMBER 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 BC001 Session 3	4	5
6	7 BC001 Session 4	8	9	10 BC001 Session 5	11	12
13	14 BC001 Session 6	15	16	17 BC001 Session 7	18	19
20	21 BC001 Session 8	22	23	24 Nutrition & the Environment NE009 Session 1 (8 sessions + Field Trip)	25	26
27	28 NE009 Session 2	29	30			

DECEMBER 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 NE009 Session 3	2	3
4	5 NE009 Session 4	6	7	8 NE009 Session 5	9	10
11	12 NE009 Session 6	13	14	15 NE009 Session 7 (con't in Sem 2)	16 Holiday Break Begins	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
Please Note: First day back for Semester 2 is on Thursday January 5th, 2023						