

**Group 1 Daytime Semester 1: Spring 2018**

**10:00am – 2:00pm**

<b>January 2018</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	6
7	<b>8</b> First Day of Classes: Orientation 9am – 3pm	<b>9</b> Biological Chemistry BC001 Session 1 (8 Sessions)	<b>10</b> Nutrition and Health: The Fundamentals FN001 Session 1 (14 Sessions)	<b>11</b> BC001 Session 2	<b>12</b>	13
14	<b>15</b> FN001 Session 2	<b>16</b> BC001 Session 3	<b>17</b> FN001 Session 3	<b>18</b> BC001 Session 4	<b>19</b>	20
21	<b>22</b> FN001 Session 4	<b>23</b> BC001 Session 5	<b>24</b> FN001 Session 5	<b>25</b> BC001 Session 6	<b>26</b>	27
28	<b>29</b> FN001 Session 6	<b>30</b> BC001 Session 7	<b>31</b> FN001 Session 7			
<p><b>Please Note:</b> First Day of Classes is Monday January 8<sup>th</sup></p>						

**Group 1 Daytime Semester 1: Spring 2018**

**10:00am – 2:00pm**

<b>February 2018</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
				<b>1</b> BC001 Session 8	<b>2</b>	3
4	<b>5</b> FN001 Session 8	<b>6</b> Human Anatomy and Physiology HAP01 Session 1 (14 Sessions)	<b>7</b> FN001 Session 9	<b>8</b> HAP01 Session 2	<b>9</b>	10
11	<b>12</b> FN001 Session 10	<b>13</b> HAP01 Session 3	<b>14</b> FN001 Session 11	<b>15</b> HAP01 Session 4	<b>16</b>	17
18	<b>19</b> Family Day <b>No Class</b>	<b>20</b> HAP01 Session 5	<b>21</b> FN001 Session 12	<b>22</b> HAP01 Session 6	<b>23</b> FN001 Session 13	24
25	<b>26</b> FN001 Session 14	<b>27</b> HAP01 Session 7	<b>28</b> Nutrition and the Environment NE009 Session 1 (8 Sessions + Trip)			
<p><b>Please Note:</b> There is one Friday class this month on February 23<sup>rd</sup></p>						

**Group 1 Daytime Semester 1: Spring 2018**

**10:00am – 2:00pm**

<b>March 2018</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
				<b>1</b> HAP01 Session 8	<b>2</b>	3
4	<b>5</b> NE009 Session 2	<b>6</b> HAP01 Session 9	<b>7</b> NE009 Session 3	<b>8</b> HAP01 Session 10	<b>9</b>	10
11	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	17
<b>MARCH BREAK</b>						
18	<b>19</b> NE009 Session 4	<b>20</b> HAP01 Session 11	<b>21</b> NE009 Session 5	<b>22</b> HAP01 Session 12	<b>23</b>	24
25	<b>26</b> NE009 Session 6	<b>27</b> HAP01 Session 13	<b>28</b> NE009 Session 7	<b>29</b> HAP01 Session 14	<b>30</b>	31
<b>Please Note:</b> March Break: March 12 <sup>th</sup> – 16 <sup>th</sup>						

**Group 1 Daytime Semester 1: Spring 2018**

**10:00am – 2:00pm**

<b>April 2018</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
1	2 Easter Monday <b>No Class</b>	3 Nutritional Symptomatology Part 1 NS003A Session 1 (10 Sessions)	4 NE009 Session 8	5 NS003A Session 2	6	7
8	9 Advanced Nutrition Research NR006 Session 1 (7 Sessions)	10 NS003A Session 3	11 NR006 Session 2	12 NS003A Session 4	13	14
15	16 NR006 Session 3	17 NS003A Session 5	18 NR006 Session 4	19 NS003A Session 6	20	21
22	23 NR006 Session 5	24 NS003A Session 7	25 NR006 Session 6	26 NS003A Session 8	27	28
29	30 NR006 Session 7					

**Group 1 Daytime Semester 1: Spring 2018**

**10:00am – 2:00pm**

<b>May 2018</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		<b>1</b> NS003A Session 9	<b>2</b> Ayurveda: Mind/Body Healing AMB02 Session 1 (8 Sessions)	<b>3</b> NS003A Session 10	<b>4</b>	5
6	<b>7</b> AMB02 Session 2	<b>8</b> Body Metabolism BM002 Session 1 (8 Sessions)	<b>9</b> AMB02 Session 3	<b>10</b> BM002 Session 2	<b>11</b>	12
13	<b>14</b> AMB02 Session 4	<b>15</b> BM002 Session 3	<b>16</b> AMB02 Session 5	<b>17</b> BM002 Session 4	<b>18</b>	19
20	<b>21</b> Victoria Day <b>No Class</b>	<b>22</b> BM002 Session 5	<b>23</b> AMB02 Session 6	<b>24</b> BM002 Session 6	<b>25</b> AMB02 Session 7	26
27	<b>28</b> AMB02 Session 8	<b>29</b> BM002 Session 7	<b>30</b> Preventive Health Care PHC005 Session 1 (10 Sessions )	<b>31</b> BM002 Session 8		
<p><b>Please Note:</b> There is one Friday class this month on May 25<sup>th</sup></p>						

**Group 1 Daytime Semester 1: Spring 2018**

**10:00am – 2:00pm**

<b>June 2018</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
					<b>1</b>	2
3	<b>4</b> PHC005 Session 2	<b>5</b> Fitness and Sports Nutrition FSN013 Session 1 (7 Sessions)	<b>6</b> PHC005 Session 3	<b>7</b> FSN013 Session 2	<b>8</b>	9
10	<b>11</b> PHC005 Session 4	<b>12</b> FSN013 Session 3	<b>13</b> PHC005 Session 5	<b>14</b> FSN013 Session 4	<b>15</b>	16
17	<b>18</b> PHC005 Session 6	<b>19</b> FSN013 Session 5	<b>20</b> PHC005 Session 7	<b>21</b> FSN013 Session 6	<b>22</b>	23
24	<b>25</b> PHC005 Session 8	<b>26</b> FSN013 Session 7	<b>27</b> PHC005 Session 9	<b>28</b> Nutritional Pathology NP07 Session 1 (11 Sessions)	<b>29</b>	30

**Group 1 Daytime Semester 1: Spring 2018**

**10:00am – 2:00pm**

<b>July 2018</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
1	2 Canada Day <b>No Class</b>	3 NP07 Session 2	4 PHC005 Session 10	5 NP07 Session 3	6 NP07 Session 4	7
8	9 Professional Skills Development PSD01 Session 1 (9 Sessions)	10 NP07 Session 5	11 PSD01 Session 2	12 NP07 Session 6	13	14
15	16 PSD01 Session 3	17 NP07 Session 7	18 PSD01 Session 4	19 NP07 Session 8	20	21
22	23 PSD01 Session 5	24 NP07 Session 9	25 PSD01 Session 6	26 NP07 Session 10	27	28
29	30 PSD01 Session 7	31 NP07 Session 11				
<p><b>Please Note:</b> There is one Friday class this month on July 6<sup>th</sup></p>						

**Group 1 Daytime Semester 1: Spring 2018**

**10:00am – 2:00pm**

<b>August 2018</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
			<b>1</b> PSD01 Session 8	<b>2</b> PSD01 Session 9	<b>3</b> Summer Break Begins	4
5	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	11
12	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	18
19	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	25
26	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<p><b>Please Note:</b>                      PSD01 runs on Thursday August 2<sup>nd</sup>                      Summer Break Begins; August 3</p>						